

Date: 4<sup>th</sup> February 2021 Document Code: 58-02

Version: 02

## Guidelines

# COVID-19 Vaccination Updated Sinopharm Vaccine Guidelines

# **Objective**

To provide guidelines for the Sinopharm vaccine storage, handling, administration and safe disposal along with recommendations for vaccine recipients.

## **Rationale**

COVID-19 is worldwide pandemic devastated various countries. Covid-19 vaccine is a mean to curtail this pandemic which needs special handling to ensure its effectiveness and safe disposal of vaccine waste through environment friendly means.

#### **Instructions**

## **Vaccine Storage**

- Storage and transportation in refrigerated (2-8°C) condition
- Do not freeze the vaccine in any circumstance
- Protect the vaccine from direct exposure to sunlight

## Who should receive the Vaccine

Individuals who are between 18 to 60 years of age

# Who should NOT receive Sinopharm Vaccine

- Individuals who are 60 years or older\*
- Individuals having **fever at the time of coming for vaccination** (Can be rescheduled after the illness is settled)
- Patients with active COVID-19
  - o Those with mild COVID-19 can receive the vaccine once the isolation period complete.
  - o Those with severe COVID-19 can receive the vaccine once they become stable



- For individuals on **short-term immunosuppressive medication** should wait for 28 day after the medication ends.
- Those **chronically immunosuppressed** may receive the vaccine, though efficacy may be lower
  - Those post-transplantation may receive the vaccine 3 months after transplantation
  - o Those post chemotherapy may receive the vaccine 28 days after chemotherapy
- This vaccine has not been tested in **Pregnant women** as yet and safety data is not available.

\*The Sinopharm vaccine trials did not include adequate number of individuals above 60 yrs of age therefore adequate safety data is not available as yet

## **Vaccine Administration**

• Route of Administration: Intra-muscular

• Site of Administration: Deltoid Muscle (Upper Arm), Non-dominant side

• Dose: **0.5ml** 

• Presentation: Single dose vial

#### Steps of Administration:

- 1. Wear mask and observe COVID-19 **SOPs**
- 2. **Greet** the client
- 3. Complete **verification** process in the NIMS
- 4. Ensure **consent** by stating "that you are receiving this COVID-19 vaccine because you have registered yourself into the system"
- 5. Expose site (**deltoid** of non-dominant arm) for administration
- 6. **Explain the procedure and inform** that some pain on giving injection, discomfort at the site of injection or fever after the injection, may happen
- 7. Take vaccine vial out of the vaccine carrier
- 8. Open the vial by removing plastic cover/cap
- 9. Take out 22G-25G 0.5ml syringe and remove needle cap
- 10. Discard the cap in safety box
- 11. Insert the syringe needle through the top rubber pad of vaccine vial
- 12. Draw **0.5ml** of diluted vaccine from the vial
- 13. Inject intra muscularly at the site of injection at an angle of 90° (right angle) following "Notouch technique"
- 14. Dispose the syringe in the safety box
- 15. Complete entry in the **NIMS**
- 16. Send the client for observation area for **30 minutes**
- 17. After 30 minutes if no acute adverse events experienced by the client, explain the next steps on follow up visit for second dose and to **report to health facility /1166 helpline** if any adverse event is experienced.
- 18. Get ready for next vaccination



## **Sinopharm Vaccine Waste Management**

- Used vials and syringes must be **collected safely** by the vaccinator
- Syringes must be disposed through environment friendly incinerators where available
- The vials and syringes must be disposed together in burial/burning pits
- Pit must be closed with 50cm (half ft.) **soil layer** before the pit is completely filled
- The vaccinator under supervision of the health facility in-charge of the concerned health facility will ensure proper disposal of COVID-19 vaccination waste.
- Daily waste generation and disposal record must be maintained by the vaccinator

## Do NOT do the following while administering the vaccine

- Touch the rubber pad of vaccine vial (causes contamination and result in AEFI)
- Recap needle of syringes (can cause needle stick injuries)

Please refer to "Annexure A" checklist for covid-19 vaccine administration

Note: The above recommendations are being regularly reviewed by the Ministry of National Health Services, Regulations & Coordination and will be updated based on the international & national recommendations and best practices.

The Ministry acknowledges the contribution of Dr. Faisal Mahmoud, Dr. Asad Ali, EPI Team and HSA/ HPSIU/ NIH team to compile these guidelines.

#### For more information, please contact:

HSA/ HPSIU/ NIH, PM National Health Complex, Islamabad <a href="http://covid.gov.pk/">http://covid.gov.pk/</a>

http://nhsrc.gov.pk/ https://www.facebook.com/NHSRCOfficial

http://www.hsa.edu.pk/ https://twitter.com/nhsrcofficial

https://www.nih.org.pk/ https://www.youtube.com/NHSRC-PK



# Annex-A

| CHECKLIST FOR COVID-19 VACCINE ADMINISTRATION   |         |
|---|---------|
| Client Name:  | Age:    |
| ID Card:  | Gender: |
| Address:  |         |
| Staff name/Signatures   |         |
| 1. Greet the Client   |         |
| 2. Make sure that you and client are wearing face mask  |         |
| 3. Complete the 2-step verification of client   |         |
| 4. Ensure consent by stating that "you are receiving this COVID-19 vaccine because you registered yourself in the system"       |         |
| 5. Prepare dose   |         |
| 6. Explain the procedure and inform that some pain on giving injection, and discomfort or fever after the injection, can appear |         |
| 7. Administer injection   |         |
| 8. Properly dispose the injection waste   |         |
| 9. Send the client to observation section for 30 minutes  |         |
| 10. After 30 minutes, and with no acute AEFI, handover the letter of next appointment to the client                             |         |
| 11. Explain the next steps  |         |
| 12. Respond to Qs if any, as the last step.   |         |